

Accelerate Your English Confidence



30 SPEAKING PROMPTS FOR DAILY PRACTICE

FROM SPEAK CONFIDENT ENGLISH

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How to Use These Speaking Prompts to Boost Your English Confidence

If you haven't watched my *How to Say What You Want in English* training, this is the best place to start.

In this 2-part training, I share my most effective method to boost confidence and improve fluency.

This is what I want you to do:

ONE: **Watch Part 1** of How to Say What You Want in English

TWO: **Watch Part 2** of How to Say What You Want in English

THREE: Use my training method with this 30 Speaking Prompts for Daily Practice guide.



Share Your Progress

As you complete these speaking prompts, I would LOVE to hear from you.

I know you will have some breakthrough moments. You may have moments of celebration and excitement.

You may also have days that are challenging. Share your experiences and questions with me so I can cheer you on, provide feedback, and give answers.

The BEST place to do that is in the comment section of my lesson [Accelerate Your English Confidence in 2020 – Part 2](#).

You'll get feedback plus have the opportunity to learn from and share with others in the Speak Confident English Community.



30 Speak Prompts for Daily Practice

As you'll see, each week of this 30 Day Speaking Challenge will get a little more difficult. But I'm going to help you at every step along the way.

To start, here is a simple 3-step process for how to use these speaking prompts:

STEP 1: Record yourself speaking for at least 90 seconds without stopping (or 2 minutes if possible). If you get stuck, don't worry. Just pause. Breathe. And then continue speaking with your next idea. No one else will listen to your recording, just you. And you can always delete what you don't like.

STEP 2: After you record yourself, listen to it. This is the most difficult part but it's the most important. When you listen, you can evaluate what you did well and what you want to change. Do you notice a grammar mistake? No problem. You can change it. Do you wish you used a different word? That's easy. Record again and use the word you want.

STEP 3: Record yourself again. Make the changes you want to make. With this process, you will learn to identify and fix your own mistakes. You'll get more comfortable with your voice. And you'll gain confidence in your abilities.



WEEK 1

DAY 1:

Talk about your daily routine. What do you do from morning to night? Note: Since you're focused on a daily routine, your grammar focus should be the Present Simple.

DAY 2:

Talk about your daily work routine. How do you usually spend your work day? (If you are a stay-at-home parent, that is still work. Talk about the routine of being a parent.) You're still talking about a routine here, so stay focused on the Present Simple.

DAY 3:

What is the best room in your house/apartment and why? Here you're talking about preferences, so the focus should be the Present Simple.

DAY 4:

Talk about your favorite book or movie. Why do you like it? Why should other people read or watch it? Like yesterday, you're focused on preferences here so work on using the Present Simple.



WEEK 1

DAY 5:

Awesome! You've made it to Day 5. First, congratulate yourself for your consistency. The topics for Days 1-4 were primarily focused on the Present Simple tense. Now we're going to switch to the Past Simple for a few days. Start with this topic: talk about what you did yesterday. What did you do from morning to night?

DAY 6:

What smell brings back good memories? What or who does the smell remind you of? We're focused on the past here so you should be using the Past Simple.

DAY 7:

It's the end of the week. It's the perfect time to reflect and focus on gratitude. What is one thing that happened that you feel grateful for? Talk about what happened, where it happened, who was involved, and why it was meaningful to you. And don't forget, because you're reflecting on the past week, you should continue to focus on the Past Simple.



Preparing for Week 2

This week we're going to work on more challenging grammar topics. But don't worry – I've got some useful resources to help you.

Before you get started, I want to challenge you.

Can you speak 30-60 seconds longer than you did last week?

If you spoke for 2 minutes on Days 1-7, try to speak for 2 minutes and 30 seconds this week. Focus on adding details.

Here's 1 tip to help you:

Use question words such as who, what, when, where, why, and how to think of details to include in your answers.



DAY 8:

To start Week 2, I want you to talk about 1 thing you're excited for this week. This question is future-focused. You should think about what you have planned and what you're excited about. To help, here is a lesson on [How Native English Speakers Talk about the Future](#).

DAY 9:

Let's continue with the future focus. Talk about what you're planning to do next weekend.

DAY 10:

We have one more day for talking about the future. What do you have planned for your next vacation?

DAY 11:

Today we're moving on to the Present Perfect. This grammar form is often challenging so here's a good place to start: [How to Use the Present Perfect \(and Get It Right Every Time\)](#).

Talk about how long you've been at your job and share 2-3 accomplishments you've had since starting your job. (If you don't work, consider how long you've been a parent or how long you've been at university.)



DAY 12:

Let's stay with the Present Perfect. What is the best or most meaningful experience you've ever had?

DAY 13:

We have one more day to focus on the Present Perfect. What is the best piece of advice you've ever received? Who shared that advice with you? Why is it meaningful to you? (I'm challenging you with multiple grammar forms here. The Present Perfect for the best piece of advice, the Past Simple for who shared it, and the Present Simple for why it's meaningful to you.)

DAY 14:

Woohoo! You've made it to the end of Week 2.

This is another opportunity for reflection. What has been the best part of this speaking challenge for you so far? (Can you guess what grammar form you should use here?)



Preparing for Week 3

Are you ready for conditionals? If you're not sure, I'm here to help.

Here are 3 lessons to get you 100% ready for success this week:

Lesson 1: [How to Use the Zero and First Conditionals in Real Life](#)

Lesson 2: [How to Use the Second Conditional in Real Life](#)

Lesson 3: [How to Use the Third Conditional in Real Life](#)

And here's a challenge for you: this week I want you to speak for 3 minutes when you do your speaking prompts.

That means adding more details. If you feel that you're finished with your story and there are no more details, then choose another topic and continue.

This week I will give you more than one topic to choose from for each day.



DAY 15:

Today is 100% focused on the Zero Conditional.

We use the Zero Conditional to talk about general truths and it's often used for routines. Remember in Week 1 when used the Present Simple for routines?

This week you'll use a more complex what to do that. Here are several options:

- When you don't get enough sleep, what do you do?
- When you are too tired to cook dinner, what do you do?
- When you oversleep, what do you do?
- When it's too hot or too cold to be outside, what do you do?

DAY 16:

Let's move on to the First Conditional, which we use for likely probabilities, future consequences, and promises.

Here are some options for your speaking practice:

- If it rains tomorrow, what will you do?
- What will you do if your spouse/partner cooks dinner for you tonight?
- What will happen if you don't pay your bills on time?
- What will you do if the weather is perfect this weekend?



DAY 17:

Now it's time for the Second Conditional. We'll stay here for a few days because this form is a bit more challenging but it's a common one, so it's important to know how to use it.

The second conditional is used for unlikely or impossible future situations and giving advice. We also use it for fun conversations when we want to imagine a different future. Let's start with unlikely or impossible situations:

- What would you do if you had more free time?
- What would you do or buy if you didn't have to worry about money?
- What would you do if you retired from your job at 40 years old?

DAY 18:

We'll continue with the Second Conditional today and focus on giving advice.

- What should your friend do if she wants to quit her job?
- What advice would you give someone looking for a new job?
- What advice would you give to someone just starting to learn English?
- What advice do you have for someone who wants to learn a new skill or hobby?

Note: we often begin sentences giving advice with, "If I were you, I would..."



DAY 19:

We have one more day for the Second Conditional and today we'll focus on some common conversation questions.

- If you became president or prime minister, what is the first thing you would do?
- If you could spend one year living anywhere in the world, where would you live?
- If you could live one day of your life again, what day would it be and why?

DAY 20:

Are you ready for the final conditional form, the Third Conditional?

We often use this form to express regrets or when we wish we could change the past.

Here are some questions to get your started:

- If you could have studied at any university in the world, where would it have been?
- What would have been different about your life if you had grown up in another country?



DAY 21:

It's the last day of Week 3! Great work.

Today you have a variety of conditional forms to choose from.

- If you could bring back one TV show that was canceled, which one would you bring back?
- If you could choose a soundtrack for your life, what is the first song you would choose?
- If you could eliminate one distraction or annoying thing in your life, what would it be?
- If you could add one hour to your day, what would you do with that time?



Preparing for Week 4

You've made it to Week 4! I'm proud of you.

I know that doing a 30-day challenge isn't easy.

It requires commitment and persistence. Not everyone has that. **But you do.**

This week you'll focus on conversation questions with a variety of grammar forms.

Before I share the question, I want to remind you of one thing:

I'd love to hear from you!

Tell me how you're doing and what you've learned in this challenge. Share your updates, celebrations, and questions with me in the comment section of my lesson **[Accelerate Your English Confidence in 2020 – Part 2.](#)**

Now let's get to it.



DAY 22:

How would you define success? Is your definition different from how others might view success? How do you know when you're successful?

DAY 23:

What could you give a 20-minute impromptu lecture on?

Impromptu means you have no time to plan. You have to speak on the spot.

Usually we're able to give an impromptu lecture on our area of expertise or something we're passionate about.

DAY 24:

If you had to break one world record in order to receive one million dollars, what world record would you try to break?

DAY 25:

We all like to be lazy sometimes. What's your favorite way to waste time?

DAY 26:

If you could teach everyone in the world one concept, what concept would have the biggest positive impact on humanity?



DAY 27:

Who was the first band or musician you were really into? Do you still like them?

DAY 28:

If all jobs had the same pay and hours, what job would you like to have?

DAY 29:

What hobbies would you like to get into if you had the time and money?

DAY 30:

What did you learn about yourself and your English in this challenge? What did you accomplish and what do you want to do next?



Congratulations!

You did it!

You should absolutely celebrate this achievement.

To end, I want to say thank you.

Thank you for completing this challenge.

Thank you for working hard and being persistent.

Thank you for trusting me to help you develop your skills and your confidence. I wish you much success as you continue on your English confidence journey.

SHARE YOUR SUCCESS
WITH ME

You can share with me in the comment section of my lesson [Accelerate Your English Confidence in 2020 – Part 2.](#)

And if you're ready to do more, here are two recommendations I have:

1. You can repeat this challenge. You can make it more difficult by speaking for a longer period of time. As you repeat the questions, assess the changes you notice. Are you making few mistakes? Do you feel more confident? Is your speaking more fluid and smoother?
2. If you'd like to learn with us, we'd love to have you join us for [Fluency School.](#) It's our intensive speaking course where we focus on advancing your English confidence and fluency. We open Fluency School two times per year.

